

# Tea Time Talk

## Transforming Fear and Violence with Compassion

*Would you like to learn how to transform your fear?*

*How can we help each other to transform our society with compassion?*

Please come and join us for our “Tea Time Talk” with our guest speaker Nancy Brown on:

**Thursday November 15<sup>th</sup>  
2:15 to 3:00 p.m.**

*Venue: Activity Room at Columbus Residence*

**ALL ARE WELCOME**

***Please RSVP by Wednesday, October 31, 2018***

### **Contact:**

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**Guest Speaker  
Nancy Brown**

Nancy Brown, a Sister of Charity of Halifax, for 20 years, was a Pastoral Counselor/Ombudsperson and Senior Manager at Covenant House Vancouver which is a crisis intervention centre for homeless and at-risk youth in Vancouver's downtown area.

Nancy has a passion for peace, justice and compassion, working for the elimination of violence within families, on our streets and throughout the international community. Recently awarded the Order of BC, the Queen's Silver Jubilee and the Benemerenti medals, she is a tireless advocate for the most vulnerable and those at risk of exploitation. She has served on many committees that focused on the elimination of human trafficking in Canada.