

## COLUMBUS RESIDENCE NEWSLETTER

"Gardening is cheaper than therapy and you get tomatoes!" Iune 2014

## **Summer Fun!**

### Canada Day & Birthday Party Thursday June 26th

We will be having a combination Canada Day & Birthday Party on Thursday June 26th. Family and friends are welcome to join us for cake, music and fun in our Dining Room at 2:45 p.m.

### **Summer Social & BBQ** Thursday July 10th

Our Annual Summer Social & BBQ will be held on **Thursday July 10<sup>th</sup>.** The fun kicks off with a BBQ dinner at 5:30 p.m. Dinner will be followed by musical entertainment by "The Bullets". Family and friends are welcome. Mark your calendars!

## **Courtyard Fair** Saturday September 6th

Join the fun at our **Annual Courtyard Fair** on Saturday, September 6<sup>th</sup> from 11:00 a.m. to 2:00 p.m. There will be various items for sale including baked goods, books, crafts and white elephant items. "Scruffles the Clown" will be on hand to entertain kids of all ages and you won't want to miss the delicious lunch items for sale (prepared by our own staff and family members) - always a big hit! If you are interested in volunteering for this event - please contact Anne Lyons in our Recreation Department: 604-321-4405 (Ext 124)

## **South Patio Renovations**

#### Work on the Spelliscy Solarium underway!

Work has now begun on the renovation of the south patio (located off our Main Dining Room). Funding for this project was provided from proceeds raised from our 2013 fundraising raffle.

This outdoor patio space will be converted to an enclosed solarium with windows that will open to allow fresh air flow, electrical heat and a filtering system for pollutants.

We are very excited to be able to offer residents and their visitors a new and inviting space to share time together.

It is hoped that the new Spelliscy Solarium will be completed by the end of June.

# **Columbus LTC Society Annual General Meeting – June 25th**

The Annual General Meeting of Columbus Long Term Care Society will take place on Wednesday June 25th at 7:00 p.m.

Family members wishing to join the Society can do so for an annual fee (\$25.00 individual/\$30.00 family membership). Society members are eligible to vote at the Annual General Meeting, and attend the reception that follows.

If you are interested in becoming a member of the Society, please see /call our Administrative Coordinator, Holly Martin-Thompson at: 604.321.4405 (Ext 103) or email Holly at: hmartin@columbusresidence.ca



# **Father's Day Events**

Our **Father's Day Dinner** will be held on **Sunday June 15**<sup>th</sup>. The evening's menu is: *Baked Ham with mustard sauce, Scalloped Potatoes, Asparagus & Carrots, and Lemon Cream Shortcake*. Dinner is served with a choice of red or white wine. Guest meal tickets for this special dinner are \$15.00 each. Advance reservations are appreciated and **seating is limited** so reserve early to avoid disappointment.

Our **Father's Day Tea** will be held on **Wednesday June 18**<sup>th</sup> at **2:45 p.m.** All are welcome.

# **Family Support Group**

Our Pastoral Care staff facilitates a Family Support Group to provide family members an opportunity to explore their feelings and share their experiences in a safe, confidential environment. Various topics are selected to meet participant needs (i.e. self-care, grief, etc).

This group meets monthly on the last Thursday of the month from 11:00 to 11:50 a.m. Notices for the meeting are posted in advance. If you would like more information about this support group, please contact Marisa Ku (Ext 132) <a href="mailto:mku@columbusresidence.ca">mku@columbusresidence.ca</a> or Seung Hee Kang (Ext 133) <a href="mailto:skang@columbusresidence.ca">skang@columbusresidence.ca</a>

# **Bake Sale - Thank you**

We would like to thank all those family and friends who came out to support our **Bake Sale** on **April 16<sup>th</sup>**. This delicious sale raised nearly \$500 for our Recreation Department programs. Special thank you goes out to all of the family, friends and staff who donated baked goods for the sale.

### Annual Wheelchair & Walker Maintenance - Scheduled for August

Our annual wheelchair and walker maintenance is scheduled to take place in **August**. Consent/waiver forms will be sent to the primary family contact person and notices will be posted prior to the maintenance taking place. Once you receive the consent form, please return it ASAP. If you have any questions or concerns, please contact **Emily Blakeburn** at 604.321.4405 (Ext 108).

## **Cones for Tea!**

"I scream. You scream. We all scream for ice cream!"

Ice cream cones will be served at our afternoon tea – **every Tuesday** until the end of September. Family and friends are always welcome to join us!

# **Family Council**

The Family Council provides a valuable mechanism for dialogue, support, education, and processing concerns. We encourage family and friends to become involved through this forum. Columbus Residence's Family Council meets monthly.

If you would like to learn more about our Family Council, please contact **Pam Hamilton** in our Recreation Department (Ext 124) or phamilton@columbusresidence.ca

Next Meeting: Monday, June 30<sup>th</sup> @ 4:00 p.m.

Please note there will be no meeting in July or August. Regular monthly meetings will resume in September.

Have a wonderful summer!

"A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing and the lawn mower is broken"

Columbus Residence

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Visit our website at: www.columbusresidence.ca