



# COLUMBUS RESIDENCE NEWSLETTER

"Behold my friends the spring is come; the earth has gladly received the embraces of the sun, and we shall soon see the results of their love!" ~ Sitting Bull

## Spring 2018

### Save the Date!

#### St. Patrick's Day Pub

Join us for a **St. Patrick's Pub** on Thursday **March 15<sup>th</sup>** at 2:45 p.m. Music by **Lyndia**.



#### Music with "The Suede Dogs"

Back by popular demand, "**The Suede Dogs**" will be here on Monday **April 9<sup>th</sup>** at 2:00 p.m. Thank you to Ruth Pollok and family for making the performance of this popular duo possible.



#### Easter Tea

Join us for our Easter Tea on Thursday **April 12<sup>th</sup>** at 3:00 p.m. **Lyndia** will be here to provide the entertainment. In the Dining Room.



#### Resident Talent Show

We will be showcasing our residents' varied and many talents at our "**Resident Talent Show**" on **Thursday April 19<sup>th</sup>**. The show begins at 2:00 p.m. in our Main Lounge.



#### Volunteer Appreciation Tea

We will celebrate and salute our volunteers at a special tea on Saturday **May 26<sup>th</sup>**. In the Main Dining Room at 3:00 p.m.



#### Mother's Day Tea

Our special **Mother's Day Tea** will be held on Wednesday **May 9<sup>th</sup>**. Join us in the Main Dining Room at 2:45 p.m. **Harpist Agnes Wan** will be here to provide the music.



## "Let the Music Play On" Fundraising Campaign

We are currently raising money to continue to have our visiting professional entertainers **Pete Campbell and Al Foreman** perform on a regular basis for our 4<sup>th</sup> Floor Special Care residents.

Pete and Al currently provide special weekly performances for our seniors. They are educated and experienced professionals who tailor their music to meet their audiences' needs. These very important music programs are only made possible through fundraising. The annual cost of these programs is approximately \$5000.

We hope to reach or surpass our goal of \$5000 by the end of March. We want to thank everyone who has contributed to this campaign so far for their generosity. **Every dollar donated can truly make a difference.**

*Donations may be made directly at Columbus Residence or you can donate online using the CanadaHelps link on our website. Donations are tax deductible. For more information, contact Holly Martin-Thompson at Ext 103.*



*Donate today to help us reach our goal and let's keep the music playing for our residents!*



## Spring/Summer Menu Begins Sunday March 25<sup>th</sup>

Our Spring & Summer menu cycle will begin on **Sunday March 25<sup>th</sup>** and will continue until October.

Our complete Spring/Summer & Fall/Winter menus (*with dates*) are posted on our website (*click on the "Meals & Dining" link on the "About Us" page of the website*).

## Easter Sunday & Mother's Day Special Dinners

A special dinner is planned for **Easter Sunday** (April 1<sup>st</sup>). The evening's menu will be: *Roast Turkey, Sage Stuffing, Mashed Potatoes, Carrots & Daisy Brownie.*

There is also a special dinner planned for **Mother's Day** (Sunday May 13<sup>th</sup>). The evening's menu will be: *Stuffed Chicken Breast, Mashed Potatoes, Carrots & Cherry Tart.* Guest meal tickets for these special dinners are \$15.00 each and include choice of red or white wine. Advance reservations are highly recommended for these dinners as guest seating space is very limited.

## Holy Week Services

**Palm Sunday Mass:** March 25<sup>th</sup>  
@ 9:45 am

**Stations of the Cross:** Wednesday  
March 28<sup>th</sup> @ 10:15 am

**Good Friday Service:** March 30<sup>th</sup>  
@ 9:45 am

**Holy Saturday March 31<sup>st</sup>:** No Services

**Easter Sunday Mass:** April 1<sup>st</sup> @ 9:45 am



## Family Council Meetings

We encourage family and friends to become involved in our Family Council. It requires only a small amount of your volunteer time to make a big difference. Columbus Residence's Family Council meets monthly. If you would like to learn more about our Family Council, please contact our Recreation Department (Ext 124).

**Next Family Council Meetings:** March 26<sup>th</sup>, April 30<sup>th</sup> and May 28<sup>th</sup> @ 4:00 p.m.

## "Feed the Fish"

### Donations Appeal



The aquarium in our Main Lounge is not just a pleasing aesthetic to the décor. Studies have shown that viewing an aquarium can actually reduce stress and lower blood pressure. The colours, motions and sounds create a soothing environment that is not only relaxing but can also help induce conversation and stimulate the mind and curiosity of the viewer.

The annual cost of maintaining the aquarium including fish food, cleaning & maintenance is \$3,735 and we are currently seeking donations for the ongoing care and maintenance of our aquarium.

We would sincerely appreciate any support family & friends are able to offer. If you would like more information about this or any other of our current fundraising initiatives, please see/call Holly Martin Ext 103. Donations to Columbus Residence are tax deductible.

"Easter is a promise God renews to us each spring.  
May the promise of Easter fill your heart  
with peace and joy."

Happy Easter from everyone  
at Columbus Residence



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Visit our website at:

[www.columbusresidence.ca](http://www.columbusresidence.ca)