

COLUMBUS RESIDENCE NEWSLETTER

"Nothing makes a fish bigger than **almost** being caught"

Summer 2016

Summer Fun!



Birthday & Canada Day Party!

Thursday June 30th



We will be celebrating our June birthdays and Canada's birthday on **Thursday June 30th** at **2:45 p.m.** **Bruce Coughlan** will be here to provide entertainment. Family and friends are welcome.

Summer Social & BBQ

Thursday July 21st



Our Annual Summer Social & BBQ will be held on **Thursday July 21st** from 5:30 to 7:30 p.m. A BBQ dinner will be followed by musical entertainment by **Linda & Malcom "The Suede Dogs"**. Family and friends are welcome. **RSVP by Friday July 15th.**

Hawaiian Day

Wednesday August 24th



Aloha! **Wednesday August 24th** is **Hawaiian Day**. There will be dancers here at 11:00 a.m. and a party in the Dining Room at 2:45 p.m. with **"The Outriggers"**.



Cones for Tea!

"I scream. You scream.

We all scream for ice cream!"

Ice cream cones will be served at our afternoon tea – **every Tuesday** until the end of September. Family and friends are always welcome to join us!

SAVE THE DATE:

Courtyard Fair September 10th



Join the fun at our **Annual Courtyard Fair** on **Saturday, September 10th** from 11:00 a.m. to 2:00 p.m. If you are interested in volunteering for this event – please contact **Paloma Leon** (Ext 124).

Gala Raises Over \$19,000 for Resident Programs

Our Annual Fundraising Gala Dinner & Auction was held on May 7th. This year's gala event was a journey to exotic Asia which was reflected in the décor, menu and entertainment. The evening was a great success as just over \$19,000 was raised for our Pastoral Care, Physiotherapy and Music Therapy programs.

A very special thank you goes out to many volunteers including members of our **Family Council**, our **Staff**, **Columbus Long Term Care Society's Board of Directors** and our **Fundraising Committee**. We would also like to acknowledge and thank the many family & friends of residents who supported this very important fundraising event this year.

We also thank the fabulous **Bright Sunset Dance Group** and **Lyndia Scott** for donating their time and talents. And finally, we thank our special guest, Auctioneer **Marc Bergevin**, **The Dutchman Caterers**, **A&B Partytime Rentals** and **Chairs with Flair** and the many individuals and suppliers who donated auction items.

Columbus LTC Society Annual General Meeting – June 29th

The Annual General Meeting of Columbus Long Term Care Society will take place on **Wednesday June 29th** at **7:00 p.m.**

Family members wishing to join the Society can do so for an annual fee (\$25.00 individual/\$30.00 family membership). Society members are eligible to vote at the Annual General Meeting, and attend the reception that follows.

If you are interested in becoming a member of the Society, please see /call our Administrative Coordinator, **Holly Martin-Thompson** at: 604.321.4405 (Ext 103) or email Holly at: hmartin@columbusresidence.ca

Father's Day Dinner

Our **Father's Day Dinner** will be held on **Sunday June 19th**. The evening's menu is: *Baked Ham with Mustard Sauce, Scalloped Potatoes, Asparagus & Carrots, and Strawberry Shortcake*. Dinner is served with a choice of red or white wine. Guest meal tickets for this special dinner are \$15.00 each. Advance reservations are appreciated and **seating is limited** so reserve early to avoid disappointment.



Annual Wheelchair & Walker Maintenance - Scheduled for August

Our annual wheelchair and walker maintenance is scheduled to take place in **August**. Consent/waiver forms will be sent to the primary family contact person and notices will be posted prior to the maintenance taking place. Once you receive the consent form, please return it ASAP. If you have any questions or concerns, please contact **Emily Blakeburn** at 604.321.4405 (Ext 108).



Family Council

The Family Council provides a valuable mechanism for dialogue, support, education, and processing concerns. We encourage family and friends to become involved through this forum. Columbus Residence's Family Council meets monthly. If you would like to learn more about our Family Council, please contact **Paloma Leon** in our Recreation Department (Ext 124) or pleon@columbusresidence.ca

Next Meeting: Monday, June 27th @ 4:00 p.m.

Please note there will be no meeting in July or August. Regular monthly meetings will resume in September.

Main Kitchen Reminder

A reminder to all family and friends that for health and safety reasons, our Main Kitchen is a **"staff only"** area. If you need an item from the Kitchen, please ask a staff member for assistance and wait outside of the Kitchen. Staff will bring it out to you. *Thank you.*

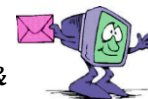


We're Going Electronic!

Email delivery of Comfort Fund Statements & Family Newsletters

We will soon be switching to an email delivery system for all comfort fund statements and quarterly newsletters. This will be a much more efficient delivery system and has the added benefit of reducing our material and labour costs. Stay tuned for more info!

Note: Resident pharmacy/foot care receipts will continue to be filed with the Front Office. Families may pick these up at any time during our regular office hours (Mon-Fri 8am to 4pm) or alternatively you may call our Front Office and make arrangements with our staff to have these left with one of the team nurses for pick up after hours/on weekends.



Hot Weather Safety Tips



Our residents are particularly vulnerable to the effects of excessive heat. You can help us keep your loved one "sun safe" with the following precautions:

- Offer plenty of clear fluids such as water and juice
- Make sure your loved one has a wide-brimmed sun hat for outings
- Apply sunscreen when going outdoors
- If possible, plan outdoor outings during the cooler periods of the day

Have a wonderful summer!

"Rest is not idleness, and to lie sometimes on the grass under trees on a summer's day, listening to the murmur of the water, or watching the clouds float across the sky, is by no means a waste of time."

~ John Lubbock, *The Use of Life*



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Visit our website at:
www.columbusresidence.ca