

Happy 150<sup>th</sup> Birthday Canada!

## COLUMBUS RESIDENCE NEWSLETTER

"As fine a land as it is possible to see"

~ Jacques Cartier, 1534

Summer 2017



### Summer Fun!

#### Father's Day Pub

A **Father's Day Pub** will be held on **Thursday June 15<sup>th</sup>** at 2:45 p.m. **Brian Coghlan** will be here to provide the music.



#### Metro Seniors Swing Band

The Metro Seniors Swing Band will be here on **Wednesday June 21<sup>st</sup>** at 2:00 p.m. in the Main Lounge.



#### Birthday & Canada Day Party!

Celebrate our June birthdays and Canada's birthday on **Thursday June 29<sup>th</sup>** at 2:45 p.m. **Brian Zalo** will be here to provide entertainment. Family and friends are welcome.



#### Pop Up Farm

The "**Pop Up Farm**" will be bringing a little bit of the country to us on **Wednesday July 5<sup>th</sup>** at 11:00 a.m.

#### Summer Social & BBQ

Our **Annual Summer Social & BBQ** will be held on **Thursday July 20<sup>th</sup>** from 5:00 to 7:30 p.m. A BBQ dinner and music by "**The Suede Dogs**". Family and friends are welcome. **RSVP by Friday July 14<sup>th</sup>.**



#### Hawaiian Day

Aloha! **Wednesday August 24<sup>th</sup>** is **Hawaiian Day**. Dancers perform at 11:00 a.m. and there's a party in the Dining Room at 2:45 p.m. with "**The Outriggers**".



#### Cones for Tea!

Ice cream cones will be served at our afternoon tea **every Tuesday** until the end of September. Family and friends are always welcome to join us!



### Accreditation News:

#### We're Now Accredited with Exemplary Standing

In March 2017, a team from Accreditation Canada visited Columbus Residence to conduct an on-site survey and we are proud to announce that as a result, Columbus Residence has been **Accredited with Exemplary Standing**.

Our organization has attained the highest level of performance, achieving excellence in meeting the requirements of the accreditation program.

In their written report, the surveyors from Accreditation Canada commented that:

*"Family members, residents and community partners commented on the compassionate and quality care being delivered at Columbus Residence. Family members are welcomed as partners in care and are encouraged to participate in decisions making. The music therapy and recreational therapy programs provides residents with quality of life and independence. The cleanliness of the facility and the warmth that is felt on entering makes the vision come alive that this is a home for the residents."*

We gratefully thank **everyone** who has supported us on the journey of accreditation.



### Columbus LTC Society AGM

#### Wednesday June 28<sup>th</sup>

The Annual General Meeting of Columbus Long Term Care Society will take place on **Wednesday June 28<sup>th</sup>** at **7:00 p.m.**

Family members wishing to join the Society can do so for an annual fee (\$25.00 individual/\$30.00 family membership). Society members are eligible to vote at the Annual General Meeting, and attend the reception that follows.

If you are interested in becoming a member of the Society, please see /call our Administrative Coordinator, **Holly Martin-Thompson** at: 604.321.4405 (Ext 103) or email Holly at: [hmartin@columbusresidence.ca](mailto:hmartin@columbusresidence.ca)

## Father's Day Dinner

Our **Father's Day Dinner** will be held on **Sunday June 18<sup>th</sup>**. The evening's menu is: *Baked Ham with Mustard Sauce, Scalloped Potatoes, Julienne Carrots and Strawberry Shortcake*. Dinner is served with a choice of red or white wine. Guest meal tickets for this special dinner are \$15.00 each. Advance reservations are appreciated and **seating is limited** so reserve early to avoid disappointment.



## Family Council News

**Summer Social Raffle:** The Family Council will have 2 baskets filled with goodies to raffle at the Summer Social & BBQ. **Baskets will go on display and raffle tickets will be for sale one week prior to the event.**



The next Family Council meeting is scheduled for **Monday, June 26<sup>th</sup> @ 4:00 p.m.** Please note there will be no meeting in July or August. Regular monthly meetings will resume in September.

If you would like to learn more about our Family Council, please contact **Paloma Leon** in our Recreation Department (Ext 124) or [pleon@columbusresidence.ca](mailto:pleon@columbusresidence.ca)

## Hot Weather Safety Tips



Our residents are particularly vulnerable to the effects of excessive heat. You can help us keep your loved one "sun safe" with the following precautions:

- Offer plenty of clear fluids such as water and juice
- Make sure your loved one has a wide-brimmed sun hat for outings
- Apply sunscreen when going outdoors
- If possible, plan outdoor outings during the cooler periods of the day

# Happy Canada Day & have a wonderful summer!

"Our hopes are high. Our faith in the people is great.  
Our courage is strong. And our dreams for this  
beautiful country will never die."

~ Pierre Trudeau

## Annual Wheelchair & Walker Maintenance - Scheduled for August

Our annual wheelchair and walker maintenance is scheduled to take place in **August**. Consent/waiver forms will be sent to the primary family contact person and notices will be posted prior to the maintenance taking place. Once you receive the consent form, please return it ASAP. If you have any questions or concerns, please contact **Emily Blakeburn** at 604.321.4405 (Ext 108).



## Courtesy Reminder for July 20<sup>th</sup> Summer BBQ

Please RSVP by July 14<sup>th</sup>



Our Summer BBQ requires extensive planning for staffing, seating and food/beverage catering. For this reason, we request our guests RSVP to let us know in advance that they will be attending. **Please do not assume we know you will be attending. We require an advance courtesy call to confirm your attendance and number attending.**

Additionally, due to our limited space and budget we must now **limit the number of guests to a maximum of 6 adult guests per resident.**

Our events are carefully planned and catered in advance for our **confirmed** guest count. Unexpected guests showing up at an event requires us to re-assess our catering/seating needs. Therefore, unexpected guests may not be seated or served until after our pre-registered guests have been.

Thank you in advance for your consideration.



Columbus Residence  
704 West 69<sup>th</sup> Avenue, Vancouver, B.C. V6P 2W3  
Telephone: 604.321.4405 Fax: 604.321.4543



Visit our website at:  
[www.columbusresidence.ca](http://www.columbusresidence.ca)