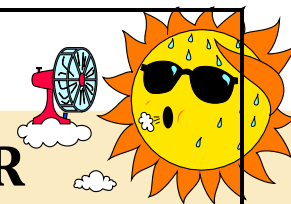


# COLUMBUS RESIDENCE NEWSLETTER

"Gardening is cheaper than therapy and you get tomatoes!"

June 2018



## Summer Fun!

### Country Fair Day

Thursday June 14<sup>th</sup>

There will be a "Pop Up Farm" visit at 11:00 a.m. We will kick things up at our Western Party at 2:45 p.m. (in the Dining Room). Lyndia Scott will provide the entertainment.



### Father's Day Pub

Thursday June 21<sup>st</sup>

Our Father's Day Pub will be held at 2:45 p.m. in the Dining Room. Steve Warner will be here to provide the music.



### Canada Day & Birthday Party

Thursday June 28<sup>th</sup>

We will be having a combination Canada Day & Birthday Party on Thursday June 28<sup>th</sup>. Cake, music and fun in our Dining Room at 2:45 p.m.



### Summer Social & BBQ

Thursday July 12<sup>th</sup>

Family and friends are welcome to join us for our Annual Summer Social & BBQ. Dinner will be served at 5:30 p.m. Musical entertainment to follow dinner. Please RSVP for this event by Friday July 6<sup>th</sup>.



### Hawaiian Day

Thursday August 2<sup>nd</sup>

The "Suede Dogs" will be here at 2:00 p.m. to entertain us. This will be followed by a Hawaiian Party in the Dining Room at 3:00 p.m.



### 4<sup>th</sup> Floor Summer Social

Thursday August 23<sup>rd</sup>

Family and friends are welcome to join us on the 4<sup>th</sup> Floor for refreshments and fun! Lyndia will be here to provide the music.



## Columbus LTC Society Annual General Meeting

Wednesday June 27<sup>th</sup> at 7:00 p.m.

The Annual General Meeting of Columbus Long Term Care Society will take place on Wednesday June 27<sup>th</sup> at 7:00 p.m. Drinks and snacks will be served following the meeting.

Family members wishing to join the Society can do so for an annual fee (\$25.00 individual/\$30.00 family membership). Society members are eligible to vote at the Annual General Meeting, and attend the reception that follows.

If you are interested in becoming a member of Columbus LTC Society, please see /call our Administrative Coordinator, Holly Martin-Thompson at: 604.321.4405 (Ext 103) or email Holly at: [hmartin@columbusresidence.ca](mailto:hmartin@columbusresidence.ca)

## Theatre Fundraiser:

Save the Date!

Wednesday October 3<sup>rd</sup>



Columbus Residence will be hosting a performance of the comedy thriller "Cliffhanger" by the Metro Theatre Company.

This event will feature a wine and cheese reception, silent auction and the evening's performance of the play.

Your support through ticket purchases for this event will support the continuation of our physio program that costs \$35,000 per year.

*More information about this event including ticket sales will soon be posted in our Main Lounge and on our website.*

## Father's Day Special Dinner

Our **Father's Day Dinner** will be held on **Sunday June 17<sup>th</sup>**. The evening's menu is: *Baked Ham with mustard sauce, Scalloped Potatoes, Asparagus & Carrots, and Strawberry Shortcake*. Dinner is served with a choice of red or white wine. Guest meal tickets for this special dinner are \$15.00 each. Advance reservations are appreciated and **seating is limited** so reserve early to avoid disappointment.



## Annual Wheelchair & Walker Maintenance - Scheduled for August

Our annual wheelchair and walker maintenance is scheduled to take place in **August**. Consent/waiver forms will be sent to the primary family contact person and notices will be posted prior to the maintenance taking place. Once you receive the consent form, please return it ASAP. If you have any questions or concerns, please contact **Emily Blakeburn** at 604.321.4405 (Ext 108).

## Family Council

The Family Council provides a valuable mechanism for dialogue, support, education, and processing concerns. We encourage family and friends to become involved through this forum. Columbus Residence's Family Council meets monthly. If you would like to learn more about our Family Council, please contact **Paloma** in our Recreation Department (Ext 124) or email at [pleon@columbusresidence.ca](mailto:pleon@columbusresidence.ca)

**Next Meeting: Monday, June 25<sup>th</sup> @ 4:00 p.m.**

*Please note there will be no meeting in July or August. Regular monthly meetings will resume in September.*

## Resident Pharmacy Invoices

After processing through our Finance Department, all resident monthly pharmacy and footcare invoices are kept on file in our Front Office. Families may pick these up at any time during our regular office hours (Mon-Fri 8am to 4pm) or alternatively you may call our Front Office and make arrangements with our staff to have these left with one of the team nurses for pick up after hours/on weekends.

## Cones for Tea!

*"I scream. You scream.*

*We all scream for ice cream!"*



Ice cream cones will be served at our Afternoon tea **every Tuesday** until the end of September. Family and friends are always welcome to join us!

## Hot Weather Safety Tips

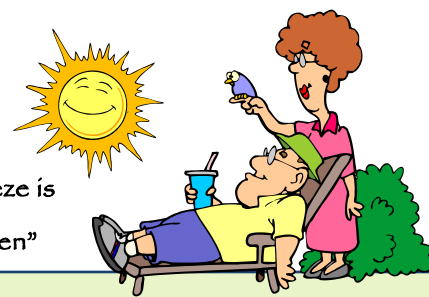


Our residents are particularly vulnerable to the effects of excessive heat. You can help us keep your loved one "sun safe" with the following precautions:

- Offer plenty of clear fluids such as water and juice
- Make sure your loved one has a wide-brimmed sun hat for outings
- Apply sunscreen when going outdoors
- If possible, plan outdoor outings during the cooler periods of the day

# Have a wonderful summer!

"A perfect summer day is when the sun is shining, the breeze is blowing, the birds are singing and the lawn mower is broken"



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Visit our website at:  
[www.columbusresidence.ca](http://www.columbusresidence.ca)