

# COLUMBUS RESIDENCE NEWSLETTER

"In golf as in life it is the follow through  
that makes the difference"

**Summer 2019**

## Chip in Now & Show Your Support!

### Charity Golf Tournament: Friday September 6<sup>th</sup>



**"Chip in Now and Show Your Support for Our Residents!"**

Columbus Residence is holding its first ever charity golf tournament on **Friday, September 6<sup>th</sup>** at the University Golf Club in Vancouver.

This tournament features include: 18 holes of golf, golf carts, lunch concession, bucket of balls for warm-up, raffles, prizes and much more!

All proceeds will go towards supporting our Spiritual Care, Music Therapy and Physiotherapy programs.

To purchase tickets, become a tournament sponsor or for more information visit the golf tournament website:

[columbuscharitygolf.ca](http://columbuscharitygolf.ca) (link also available on CR website)



### Summer Fun!

#### *Save the Date for These Special Events*

##### **June 13<sup>th</sup> – 1950's Party!**

Music with Lyndia in the Dining Room at 2:45 p.m.

##### **June 15<sup>th</sup> – Father's Day Pub**

Music with Pete Campbell. On the Main Floor at 3:00 p.m.

##### **June 27<sup>th</sup> – Canada Day & Birthday Party!**

Music with Brian Zalo. In the Dining Room at 2:45 p.m.



##### **July 25<sup>th</sup> – Summer Social & BBQ**

Family and friends are welcome to join us for this annual event. Dinner will be served at 5:30 p.m. Musical entertainment with "The Suede Dogs" will follow. **PLEASE RSVP for this event by Friday July 19<sup>th</sup>**

##### **August 8<sup>th</sup> – Hawaiian Day**

Music show by the "The Suede Dogs" at 2:00 p.m. followed by a Hawaiian Tea in the Dining Room at 3:00p.m.

##### **August 15<sup>th</sup> – 4<sup>th</sup> Floor Patio Party!**

Family and friends are welcome to join us for our annual patio party. On the 4<sup>th</sup> Floor at 2:30 p.m. Music with Angie Ongaro.

### Columbus LTC Society Annual General Meeting

#### **Wednesday June 26<sup>th</sup> at 7:00 p.m.**

The Annual General Meeting of Columbus Long Term Care Society will take place on **Wednesday June 26<sup>th</sup> at 7:00 p.m.** Drinks and snacks will be served following the meeting.

Family members wishing to join the Society can do so for an annual fee (\$25.00 individual/\$30.00 family membership). Society members are eligible to vote at the Annual General Meeting, and attend the reception that follows.

If you are interested in becoming a member of Columbus LTC Society, please call our Administrative Coordinator, **Holly Martin-Thompson** Tel: 604.321.4405 (Ext 103) or email Holly at: [hmartin@columbusresidence.ca](mailto:hmartin@columbusresidence.ca)

## Father's Day Dinner

Our **Father's Day Dinner** will be held on **Sunday June 16<sup>th</sup>**. The evening's menu is: *Baked Ham with Mustard Sauce, Scalloped Potatoes, Julienne Carrots, and Strawberry Shortcake*. Dinner is served with a choice of red or white wine. Guest meal tickets for this special dinner are \$15.00 each. Advance reservations are appreciated and **seating is limited** so reserve early to avoid disappointment.



## Family Council

The Family Council provides a valuable mechanism for dialogue, support, education, and processing concerns. We encourage family and friends to become involved through this forum. Columbus Residence's Family Council meets monthly. If you would like to learn more about our Family Council, please contact **Paloma Leon** in our Recreation Department (Ext 124) or [pleon@columbusresidence.ca](mailto:pleon@columbusresidence.ca)

**Next Meeting: Monday, June 24<sup>th</sup> @ 4:00 p.m.**

*Please note there will be no meeting in July or August. Regular monthly meetings will resume in September.*

## Hot Weather Safety Tips



Our residents are particularly vulnerable to the effects of excessive heat. You can help us keep your loved one "sun safe" with the following precautions:

- Offer plenty of clear fluids such as water and juice
- Make sure your loved one has a wide-brimmed sun hat for outings
- Apply sunscreen when going outdoors
- If possible, plan outdoor outings during the cooler periods of the day



### Columbus Residence

704 West 69<sup>th</sup> Avenue, Vancouver, B.C. V6P 2W3

Telephone: 604.321.4405 Fax: 604.321.4543

Visit our website at: [www.columbusresidence.ca](http://www.columbusresidence.ca)

## Courtesy Reminder for Our Larger Social Events

**Please RSVP for events when requested**

Large events such as the Summer BBQ require extensive planning for staffing, seating and food/beverage catering. For this reason, we request our guests RSVP to let us know in advance that they will be attending.

If an event requires guests to RSVP, this will be indicated on the poster/invitation. **Please do not assume we know you will be attending. We require an advance courtesy call to confirm your attendance.**

Additionally, due to our limited space and budget we must now limit the number of guests at some events (*i.e Summer BBQ*) to a maximum of 4 adult guests per resident.

Our events are carefully planned and catered in advance for our **confirmed** guest count. Unexpected guests showing up at an event requires us to re-assess our catering/seating needs. Therefore, unexpected guests may not be seated or served until after our pre-registered guests have been.

## Cones for Tea!

*"I scream. You scream.*

*We all scream for ice cream!"*



Ice cream cones will be served at our Afternoon tea **every Tuesday** until the end of September. Family and friends are always welcome to join us!

## Have a wonderful summer!

*"Then followed that beautiful season...Summer...*

*Filled was the air with a dreamy and magical light; and the landscape Lay as if new created in all the freshness of childhood."*

*~ Henry Wadsworth Longfellow*

**Don't forget to visit our Charity Golf Tournament website:**  
**[columbuscharitygolf.ca](http://columbuscharitygolf.ca)**

