COLUMBUS RESIDENCE NEWSLETTER

"In golf as in life it is the follow through that makes the difference"

Summer 2019

hip in Now & Show Your Supp

Summer Fun!

Save the Date for These Special Events

June 13th - 1950's Party! Music with Lyndia in the Dining Room at 2:45 p.m.

June 15th - Father's Day Pub Music with Pete Campbell. On the Main Floor at 3:00 p.m.

June 27th - Canada Day & Birthday Party!

Music with Brian Zalo. In the Dining Room at 2:45 p.m.



July 25th - Summer Social & BBQ

Family and friends are welcome to join us for this annual event.

Dinner will be served at 5:30 p.m. Musical entertainment with "The Suede Dogs" will follow. PLEASE RSVP for this

event by Friday July 19th

August 8th - Hawaiian Day Music show by the "The Suede Dogs at

2:00 p.m. followed by a Hawaiian Tea in the Dining Room at 3:00p.m.

August 15th - 4th Floor Patio Party! Family and friends are welcome to join us for our annual patio party. On the 4th Floor at 2:30 p.m. Music with Angie Ongaro.

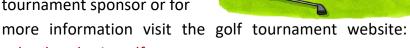
Charity Golf Tournament: Friday September 6th

"Chip in Now and Show Your Support for Our Residents!" Columbus Residence is holding its first ever charity golf tournament on Friday, September 6th at the University Golf Club in Vancouver.

This tournament features include: 18 holes of golf, golf carts, lunch concession, bucket of balls for warm-up, raffles, prizes and much more!

All proceeds will go towards supporting our Spiritual Care, Music Therapy and Physiotherapy programs.

To purchase tickets, become a tournament sponsor or for



columbuscharitygolf.ca (link also available on CR website)

Columbus LTC Society Annual General Meeting Wednesday June 26th at 7:00 p.m.

The Annual General Meeting of Columbus Long Term Care Society will take place on Wednesday June 26th at 7:00 p.m. Drinks and snacks will be served following the meeting.

Family members wishing to join the Society can do so for an annual fee (\$25.00 individual/\$30.00 family membership). Society members are eligible to vote at the Annual General Meeting, and attend the reception that follows.

If you are interested in becoming a member of Columbus LTC Society, please call our Administrative Coordinator, Holly Martin-Thompson Tel: 604.321.4405 (Ext 103) or email Holly at: hmartin@columbusresidence.ca

Columbus Residence Newsletter

Father's Day Dinner

Our **Father's Day Dinner** will be held on **Sunday June 16**th. The evening's menu is: *Baked Ham with Mustard Sauce, Scalloped Potatoes, Julienne Carrots, and Strawberry Shortcake.* Dinner is

served with a choice of red or white wine. Guest meal tickets for this special dinner are \$15.00 each. Advance reservations are appreciated and **seating is limited** so reserve early to avoid disappointment.

Family Council

The Family Council provides a valuable mechanism for dialogue, support, education, and processing concerns. We encourage family and friends to become involved through this forum. Columbus Residence's Family Council meets monthly. If you would like to learn more about our Family Council, please contact **Paloma Leon** in our Recreation Department (Ext 124) or pleon@columbusresidence.ca

Next Meeting: Monday, June 24th @ 4:00 p.m.

Please note there will be no meeting in July or August. Regular monthly meetings will resume in September.

Hot Weather Safety Tips

Our residents are particularly vulnerable to the effects of excessive heat. You can help us keep your loved one "sun safe" with the following precautions:

- Offer plenty of clear fluids such as water and juice
- Make sure your loved one has a wide-brimmed sun hat for outings
- Apply sunscreen when going outdoors
- If possible, plan outdoor outings during the cooler periods of the day



Please RSVP for events when requested

Large events such as the Summer BBQ require extensive planning for staffing, seating and food/beverage catering. For this reason, we request our guests RSVP to let us know in advance that they will be attending.

If an event requires guests to RSVP, this will be indicated on the poster/invitation. Please do not assume we know you will be attending. We require an advance courtesy call to confirm your attendance.

Additionally, due to our limited space and budget we must now limit the number of guests at some events (i.e Summer BBQ) to a maximum of 4 adult guests per resident.

Our events are carefully planned and catered in advance for our **confirmed** guest count. Unexpected guests showing up at an event requires us to re-assess our catering/seating needs. Therefore, unexpected guests may not be seated or served until after our pre-registered guests have been.

Cones for Tea!

"I scream. You scream. We all scream for ice cream!"

Ice cream cones will be served at our

Afternoon tea **every Tuesday** until the end of
September. Family and friends are always welcome to
join us!



Have a wonderful summer!

"Then followed that beautiful season...Summer...
Filled was the air with a dreamy and magical light; and the landscape
Lay as if new created in all the freshness of childhood."

~ Henry Wadsworth Longfellow

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Columbus Residence

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Telephone: 604.321.4405 Fax: 604.321.4543
Visit our website at: **www.columbusresidence.ca**

Don't forget to visit our Charity Golf Tournament website: columbuscharitygolf.ca