COLUMBUS RESIDENCE NEWSLETTER

"The beautiful spring came; and when Nature resumes her loveliness, the human soul is apt to revive also."

Spring 2020

~Harriet Ann Jacobs



Spring Highlight Events Save the Date!

St. Patrick's Day Pub

Join us for a **St. Patrick's Pub** on Tuesday **March** 17th at 3:00 p.m. Music by **Lyndia**.



Spring Tea

We welcome the coming of Spring at our special "**Spring Tea**" on Wednesday **April 8**that 2:00 p.m. **Lorraine Smith** will provide the entertainment.



Alice in Wonderland Easter Tea

Don't be late for a very important date! Join us for our "Alice in Wonderland Easter Tea" on Thursday April 16th at 2:45 p.m. Lyndia will be here to provide the entertainment. In the Dining Room.



Volunteer Appreciation Tea

We will celebrate and salute our volunteers and celebrate our April birthdays at a special tea on Thursday **April 30th**. In the Main Dining Room at 2:45 p.m. Music by **Bob Collins**.

Mother's Day Tea

Special **Mother's Day Teas** will be held on:



- 4th Floor: Thursday May 7th at 2:30 p.m. Music by Lyndia Scott.
- Main Floor: Thursday May 14th at 2:45 p.m.
 Music by Patricia Coleta.

Successful First Online Fundraising Campaign

We raised over \$18,000!

This past December, Columbus Residence launched its **first online fundraising campaign** to raise funds for our **Recreation Therapy**, **Music Therapy and Spiritual Care Programs**.

We had set an ambitious goal of \$20,000 and were thrilled with the response, reaching 92% of our goal = \$18,661. For those of you who supported the campaign, we are very grateful.

We believe that one of the key factors was the use of storytelling. We shared the personal stories of several of our residents and staff, giving our donors a first-hand perspective on how Columbus Residence makes a difference in their lives.

"It's all about quality of life, knowing that my Mother is well taken care of allows me peace of mind."



"It was through Lyndia Scott, the music therapist, the visiting musicians and the music program offered at Columbus, as well as through Paloma Leon and kind people in the recreation department, that my mother found connection and comfort."

To read the stories that ran in the December online campaign, go to the Columbus Residence website and click on Community & News.

https://columbusresidence.ca/our-residents/

Donations may be made directly at Columbus Residence or you can donate online through our website. Donations are tax deductible.



Spring/Summer Menu Begins Sunday March 22nd

Our Spring & Summer menu cycle will begin on **Sunday March 22**nd and will continue until October.

Our complete Spring/Summer & Fall/Winter menus (with dates) are posted on our website (click on the "Meals & Dining" link on the "About Us" page of the website).

Easter Sunday & Mother's Day Special Dinners

A special dinner is planned for **Easter Sunday** (April 12th). The evening's menu will be: *Roast Turkey, Sage Stuffing, Mashed Potatoes, Squash & Lemon Meringue Pie.*

There is also a special dinner planned for **Mother's Day** (Sunday May 10th). The evening's menu will be: *Stuffed Chicken Breast, Mashed Potatoes, Carrots/Peas & Strawberry Shortcake.* Guest meal tickets for these special dinners are \$15.00 each and include choice of red or white wine. Advance reservations are highly recommended for these dinners as guest seating space is very limited.

Holy Week Services

Palm Sunday Mass: April 5^{th} @ 9:45 am

Stations of the Cross: Wednesday

April 8th @ 10:15 am

Good Friday Service: April 10th @ 9:45 am

Holy Saturday April 11th: No Services

Easter Sunday Mass: April 12th @ 9:45 am



Happy Easter from everyone at Columbus Residence

Help Us Keep Out Pests

During the colder weather mice found their way into the building and made a warm and comfortable home for



themselves. Our pest control company has recommended escalating our mice control measures. We need to work together to make this program a success. The following measures are necessary and require compliance from all residents, families and friends:

- No food, snacks or drinks are to be stored or consumed in resident rooms. Food may be stored in the fridge in lounge areas on each floor. Any food found in resident rooms will be disposed of immediately
- No food waste or food packaging should be left garbage containers in resident rooms – dispose of any waste in the garbage container in lounge area.
- To prevent the mice from finding comfortable places to nest, we request that only the necessary amount of clothing and items be stored in drawers/closets and that closet floors be cleared of any items.
- If you notice any mice activity in a resident's room, please report it right away. There are record logs on each floor and staff can assist you with documenting.

Thank you for your assistance

Family Council Meetings

We encourage family and friends to become involved in our Family Council. Columbus Residence's Family Council meets monthly. If you would like to learn more about our Family Council, please contact our Recreation Department (Ext 124). **Next Family Council Meetings:** March 30th, April 27th and May 25th @ 4:00 p.m.

Columbus Residence

704 West 69th Avenue, Vancouver, B.C. V6P 2W3 Telephone: 604.321.4405 Fax: 604.321.4543 Visit our website at:

www.columbusresidence.ca