



Columbus Residence
SPRING and SUMMER MENU 2023

WEEK 1

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Apr 16	Apr 17	Apr 18	Apr 19	Apr 20	Apr 21	Apr 22
	May 14	May 15	May 16	May 17	May 18	May 19	May 20
	Jun 11	Jun 12	Jun 13	Jun 14	Jun 15	Jun 16	Jun 17
	Jul 9	Jul 10	Jul 11	Jul 12	Jul 13	Jul 14	Jul 15
	Aug 6	Aug 7	Aug 8	Aug 9	Aug 10	Aug 11	Aug 12
	Sept 3	Sept 4	Sept 5	Sept 6	Sept 7	Sept 8	Sept 9
BREAKFAST	Apple Juice Oatmeal/Cereal Toast and Jam Poached Egg	Cranberry Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Apple Juice Oatmeal/Cereal Toast and Jam Banana Muffin	Cranberry Juice Oatmeal/Cereal Toast and Jam Boiled Egg	Apple Juice Oatmeal/Cereal Toast and Jam	Cranberry Juice Oatmeal/Cereal Toast and Jam Raisin Scone	Apple Juice Oatmeal/Cereal Toast and Jam Scrambled Eggs
LUNCH	Beef Barley Soup Egg Salad Sandwich Tomato Vinaigrette Ice Cream Sundae	Split Pea Soup Chicken Deli Sandwich Macaroni Salad Coconut Pudding	Chicken Vegetable Soup Fish Burger Caesar Salad Grapes and Diced Pears	Beef Noodle Soup Potato Salad, Chicken Salad with beet slices Buttered Bread French Vanilla Yogurt	Spring Vegetable Soup BBQ Pork on a Bun with lettuce Apple & Zucchini Coleslaw Diced Peaches	Mulligatawny Soup Broccoli Frittata with cheese sauce Soft Roll Green Salad Apricots	Vegetable Soup Potato Pancakes & Sausages with sour cream and apple sauce Applesauce
DINNER	Roast Turkey with gravy & cranberry sauce Mashed Potatoes Squash Lemon Meringue Pie	Beef Meatballs with gravy Noodles Broccoli Florets Baked Apple Crisp	Pork Scallopini with gravy Mashed Potatoes Julienne Carrots Assorted Tarts	Meatloaf with gravy Mashed Potatoes Cream Style Corn Pineapple Coconut Square	Butter Chicken Rice Green Beans Chocolate Pudding	Herbed Cod with Hollandaise sauce Roasted Potatoes Squash Carrot Cake with cream cheese icing	Italian Baked Chicken with gravy Boiled Potatoes Peas & Carrots Strawberry Mousse

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**



Columbus Residence
SPRING and SUMMER MENU 2023

WEEK 2

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	Apr 23	Apr 24	Apr 25	Apr 26	Apr 27	Apr 28	Apr 29
	May 21	May 22	May 23	May 24	May 25	May 26	May 27
	Jun 18	Jun 19	Jun 20	Jun 21	Jun 22	Jun 23	Jun 24
	Jul 16	Jul 17	Jul 18	Jul 19	Jul 20	Jul 21	Jul 22
	Aug 13	Aug 14	Aug 15	Aug 16	Aug 17	Aug 18	Aug 19
	Sept 10	Sept 11	Sept 12	Sept 13	Sept 14	Sept 15	Sept 16
BREAKFAST	Cranberry Juice Oatmeal/Cereal Toast and Jam Fruit Bran Muffin	Apple Juice Oatmeal/Cereal Toast and Jam Scrambled Egg	Cranberry Juice Oatmeal/Cereal Toast and Jam	Apple Juice Oatmeal/Cereal Toast and Jam Poached Egg	Cranberry Juice Oatmeal/Cereal Toast and Jam Pumpkin Muffin	Apple Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Cranberry Juice Oatmeal/Cereal Toast and Jam Scrambled Egg
LUNCH	Minestrone Soup Tuna Salad Sandwich Diced Beets Peaches	Borscht Soup Chicken Pot Pie with gravy Coleslaw Fruit Cocktails	Beef Rice Soup Turkey & Swiss Cheese Sandwich Potato Salad Fruited Jello	Chicken Noodle Soup Cod Nuggets Fries with gravy Tropical fruit Cocktail	Turkey Rice Soup Chicken Burger Garden Salad Mandarin Oranges	Tomato Vegetable Soup Leek & Pepper Quiche Green Salad Applesauce	Beef Noodle Soup Ham and Cheese Sandwich Creamy Coleslaw Butterscotch Pudding
DINNER	Roast Pork with gravy Mashed Potatoes Mixed Vegetables Lemon Tart	Beef Stew Mashed Potatoes Diced Carrots Fruit Trifle	Hoisin Chicken Rice Pilaf Oriental Mixed Vegetables Crème Caramel	Cabbage Rolls with tomato sauce & sour cream Mashed Potatoes Broccoli Marble Cake	Pork Chop Supreme with apple sauce & gravy Boiled Potatoes Diced Carrots Rice Pudding	Citrus Spiced Cod Rosemary Roasted Potatoes Green Beans Iced Chocolate Cake	Swedish Meatballs Parslied Potatoes Vegetable Medley Strawberry & Rhubarb with custard sauce

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**

Columbus Residence
SPRING and SUMMER MENU 2023

WEEK 3



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Apr 30	May 1	May 2	May 3	May 4	May 5	May 6
May 28	May 29	May 30	May 31	Jun 1	Jun 2	Jun 3
Jun 25	Jun 26	Jun 27	Jun 28	Jun 29	Jun 30	Jul 1
Jul 23	Jul 24	Jul 25	Jul 26	Jul 27	Jul 28	Jul 29
Aug 20	Aug 21	Aug 22	Aug 23	Aug 24	Aug 25	Aug 26
Sept 17	Sept 18	Sept 19	Sept 20	Sept 21	Sept 22	Sept 23

BREAKFAST	Apple Juice	Cranberry Juice	Apple Juice	Cranberry Juice	Apple Juice	Cranberry Juice	Apple Juice
	Oatmeal/Cereal	Oatmeal/Cereal	Oatmeal/Cereal	Oatmeal/Cereal	Oatmeal/Cereal	Oatmeal/Cereal	Oatmeal/Cereal
	Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam	Toast and Jam
	Blueberry Muffin	Scrambled Egg	Raisin Toast	Poached Egg		Scrambled Egg	
LUNCH	Split Pea Soup	Goulash Soup with sour cream	Turkey Vegetable Soup	Chicken Noodle Soup	Green Pea Soup	Beef Vegetable Soup	Mulligatawny Soup
	French Toast & Sausage with syrup	Macaroni & Cheese	Roast Beef Sandwich	Fish & Chips	Chicken Salad Sandwich	Cottage Cheese Fruit Plate with muffin or loaf	Hamburger with lettuce and tomato
	Ice Cream Sundae	Green Salad Pineapple Tidbits	Macaroni Salad Diced Pears	Coleslaw Peach Fruited Jello	Spring Salad Fruit Cocktail	French Vanilla Yogurt with pureed fruit	Caesar Salad Chocolate Pudding
DINNER	Roast Beef with gravy	Sweet and Sour Chicken	Pork Cutlet with gravy	Vegetarian Lasagna	Pepper Minute Steak with gravy	Lemon Pepper Cod with dill sauce	Chicken a la King
	Yorkshire Pudding	Buttered Rice	Mashed Potatoes	Green and Wax Bean Mix	Mashed Potatoes	Green Beans	Rice
	Mashed Potatoes	Broccoli	Green Beans	Coconut Cream Pudding	Julienne Carrots	Zucchini	Broccoli
	Cherry Tart	Mixed Fruit Crisp	Dutch Apple Cake		Caramel Vanilla Swirl	Cheesecake	Ginger Cake with lemon sauce

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**



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WEEK 4

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	May 7	May 8	May 9	May 10	May 11	May 12	May 13
	Jun 4	Jun 5	Jun 6	Jun 7	Jun 8	Jun 9	Jun 10
	Jul 2	Jul 3	Jul 4	Jul 5	Jul 6	Jul 7	Jul 8
	Jul 30	Jul 31	Aug 1	Aug 2	Aug 3	Aug 4	Aug 5
	Aug 27	Aug 28	Aug 29	Aug 30	Aug 31	Sept 1	Sept 2
	Sept 24	Sept 25	Sept 26	Sept 27	Sept 28	Sept 29	Sept 30
BREAKFAST	Apple Juice Oatmeal/Cereal Toast and Jam Waffles & Pork Sausages with syrup	Cranberry Juice Oatmeal/Cereal Toast and Jam Poached Egg	Apple Juice Oatmeal/Cereal Toast and Jam Raisin Bran Muffin	Cranberry Juice Oatmeal/Cereal Toast and Jam	Apple Juice Oatmeal/Cereal Toast and Jam Cranberry Scone	Cranberry Juice Oatmeal/Cereal Toast and Jam Raisin Toast	Apple Juice Oatmeal/Cereal Toast and Jam Scrambled Egg
LUNCH	Chicken Rice Soup Grilled Cheese Sandwich Rainbow Slaw Raspberry Jello	Spring Vegetable Soup Beef Fried Rice Peas and Carrots Applesauce	New England Clam Chowder Egg Salad Sandwich Tossed Salad Diced Mango	Beef Barley Soup Chicken Fingers with honey mustard sauce & potato tots Coleslaw Fruited Jello	Lentil Soup Roast Beef Sandwich Pasta Salad Vanilla Pudding	Minestrone Soup Spinach Quiche Tossed Salad Butterscotch Ice Cream	Cream of Cauliflower Soup Chicken Vegetable Chow Mein Mandarin Oranges
DINNER	Hawaiian Ham with pineapple sauce Scalloped Potatoes Mixed Vegetables Apple Pie	Honey Garlic Chicken Mashed Potatoes Broccoli Baked Custard Caramel	Spaghetti Bolognese Garlic Bread Green Beans White Cake with blueberry sauce	Pork Stroganoff with sour cream Noodles Mixed Vegetables Bread Pudding	BBQ Chicken Mashed Potatoes Mixed Vegetables Pineapple Upside Down Cake	Baked Fish Creole Jasmine Rice Carrot Coins Peach Crisp	Shepherd's Pie with gravy Peas Ambrosia

NOTE: Milk, juice, coffee and tea offered at all meals and at snack time. Oatmeal made with milk. Soup served with 2 crackers. Bread offered at supper for all diets. * **Holiday Menu**