

SUNDAY 1		MONDAY 2		TUESDAY 3		WEDNESDAY 4		THURSDAY 5		FRIDAY 6		SATURDAY 7	
BREAKFAST	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams		
	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal		
	Poached Egg (4F: steamed egg)	Raisin Toast	Banana Muffin	Boiled Egg (4F: steamed egg)					Raisin Scone	Scrambled Eggs			
	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast		
	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread		
	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea		
LUNCH	Beef Barley Soup	Butternut Squash Soup	Chicken Vegetables Soup	Beef Noodle Vegetables	Spring Vegetables	Mulligatawny Soup	Vegetable Noodle Soup						
	Crab Salad/ cheese biscuit	Chicken Deli Sandwich with Lettuce	Fish Burger with Tomato/Lettuce	Turkey Salad Sandwich	Pork and Vegetables Noodle Stir Fry	Egg Salad, Potato Salad & sliced beets	Pork Sausage served with Hashed Brown and Sour Cream						
	Apple/Zucchini Salad	Macaroni Salad	Caesar Salad	Mixed Green Salad		Buttered Crustless Bread	Mixed Green Salad						
	M: Same / P: Chicken	M: Same / P: Turkey	M: Same / P: Beef Meatballs	M: Same w/ crustless bread P: Pork Scallopini	M: minced Sandwich P: Meatloaf	M: Same / P: Chicken with butter sauce	M: Same w minced sausage P: Fish						
	Chocolate Ice cream P: Same except thicken fluids	Coconut Pudding P: Same	Diced Pears P: Pear Puree	Vanilla Yogurt w pureed blueberries P: Same	Diced Peaches P: Peach Puree	Apricots P: Apricot Puree	Applesauce P: Same						
Tea Time	Coffee, Tea, Juice Lemon Loaf	Coffee, Tea, Juice Donut hole w/ Sugar & Cinnamon	Coffee, Tea, Juice Loaf	Coffee, Tea, Juice Vanilla Waffer/Digestive Cookies	Coffee, Tea, Juice Boanana Loaf	Coffee, Tea, Juice Oatmeal Cookies	Coffee, Tea, Juice Cream Puffs						
SUPPER	Roast Turkey with Gravy and Cranberry Sauce	Beef Meatballs Apricots Pineapple	Pork Scallopini with Gravy	Meatloaf with Gravy	Butter Chicken	Herbed Cod with Hollandaise (2 boxes of 4oz)	Italian Baked Chicken						
	Mashed Potatoes Squash P: Turkey	Rice Broccoli Floret P: Beef Meatballs	boiled potatoes Julliene Carrots P: Pork Scallopini	Mashed Potatoes Peas P: Meatloaf	Rice Green Beans P: Chicken with butter sauce	Roast Potatoes Squash P: Fish	boiled potatoes Peas & Carrots P: Chicken						
	Lemon Meringue Pie P: Pureed Pie	Baked Apple Crisp P: Pureed Crisp	Assorted Tarts P: Pureed Tarts	Pineapple Coconut Square P: Pureed Square	Lemon Pudding P: Same	Carrot Cake w/Cream Cheese Icing P: Pureed Cake	Strawberry Mousse P: Same						

Menu subject to change without notice

1) Milk & juice offered at all meals and at snack times; 2) Oatmeal made with milk; 3) Rice available daily at supper; 4) Pureed diet: pureed soup has ½ svg of bread; 6) 4th fl breakfast bread all crustless.