

SUNDAY 8		MONDAY 9		TUESDAY 10		WEDNESDAY 11		THURSDAY 12		FRIDAY 13		SATURDAY 14	
BREAKFAST	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams
	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal
	Fruit Bran Muffin	Scrambled Egg			Poached Egg		Pumpkin Muffin		Raisin Toast		Scrambled Eggs		
	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread
Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	
LUNCH	Minestrone Soup	Turkey Noddle Soup	Borscht Soup w/ Sour Cream	Beef Noodle Soup	Chicken Rice Soup	Cream of Tomato Soup	Beef Noodle Soup						
	Waffle / bacon	Cod fish Nuggets	Pulled Pork on bun	Turkey Sandwich with Cranberry Mayo Spread	Chicken Burger with Lettuce and Tomato	Tuna salad Sandwich	Chicken Pot Pie						
	Diced Beets	Coleslaw	Green Salad	Fries w gravy	Creamy Coleslaw	Garden Salad	Tossed Salad						
	M: Same / P: Chicken	M: Same / P: Roast Pork	M: Minced Ham/crustless bread P: Beef Stew	M: Same / P: Chicken	M: Same / P: Beef	M: Same / P: Pork chops	4th F & M: Same/crustless bread P: Fish						
	Diced Peaches P: Peach Puree	Yogurt with pureed strawberries P: Same	Fruit Jello P: Plain Jello except thicken fluids	Tropical Fruit Cocktail P: Puree Cocktail	Mandarin Oranges P: Apricot Puree	Applesauce P: Same	Butterscotch Pudding P: Same						
Tea Time	Coffee, Tea, Juice Pumpkin Loaf	Coffee, Tea, Juice Donut hole w/ Sugar & Cinnamon	Coffee, Tea, Juice Loaf	Coffee, Tea, Juice Vanilla Waffer/Digestive Cookies	Coffee, Tea, Juice Poppy Seeds Loaf	Coffee, Tea, Juice Peanut Butter Cookies	Coffee, Tea, Juice Oatmeal Cookies						
	Roast Pork with Gravy	Beef Stew	Hoisin glaze Chicken	Cabbage Roll with tomato Sauce and sour Cream	BBQ Pork Ribs	Perch with dill sauce	Swedish Meatballs						
	Mashed Potatoes Mixed Vegetables P: Roast Pork	Mashed Potatoes Diced Carrots P: Beef Stew	Rice Pilaf Mixed Vegetables P: Chicken	Mashed Potatoes Carrot P: Beef	Baked Potatoes with Sour Cream Corn Cream P: Pork Chop	Rice Green Beans P: Fish	Parslied Potatoes Medley Vegetables P: Meatballs						
	Lemon Tart P: Pureed Tart	Fruit Trifle P: Pureed Trifle	Crème Caramel P: Same	Marble Cake P: Pureed Cake	Orange Fluff P: Same	Chocolate Cake w/ Icing P: Pureed Cake	Rhubarb Strawberry with Custard Sauce P: Same Puree						

Menu subject to change without notice

1) Milk & juice offered at all meals and at snack times; 2) Oatmeal made with milk; 3) Rice available daily at supper; 4) Pureed diet: pureed soup has ½ svg of bread; 6) 4th fl breakfast bread all crustless.