

SUNDAY 15		MONDAY 16		TUESDAY 17		WEDNESDAY 18		THURSDAY 19		FRIDAY 20		SATURDAY 21	
BREAKFAST	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams
	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal
	Blueberry Muffin	Scrambled Egg	Raisin Toast	Poached Egg					Scrambled Egg				
	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread
	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea
LUNCH	Split Pea Soup	Goulash Soup w/ Sour Cream	Turkey Vegetable Soup	Chicken Noodle Soup	Cream of Broccoli Soup	Beef Vegetable Soup	Mulligatawny Soup						
	French Toast with Bacon, Syrup and Butter	Macaroni and Cheese	Corned Beef Sandwich	Fish & Chips with Tartar Sauce	Chicken Salad in hamburger bun	Cottage Cheese, Fruit and Muffin Plate	Hamburger with Lettuce and Tomato						
	Coleslaw	Green Salad with Tomatoes	Macaroni Salad	Diced tomatoes	Spring Salad		Pickles						
	M: Same with minced bacon/ P: Meatballs	M: Same / P: Roast Beef	M: Minced cornedbeef/crustless bread P: S&S Chicken	M: Same /P:Pork Cutlet	M: Minced chicken/crustless bread P: Chicken	M: Same / P:pepper steak	M: same no vegetables P: Fish						
	Vanilla Ice Cream P: Same except thicken fluids	Pineapple Tibits P: Puree pineapple	Diced Pears P: Pear Puree	Peach Jell-O P: Same except thicken fluids	Strawberries with cream P: Puree Strawberries	French Vanilla Yogurt with Pureed Fruit P: Same	Chocolate Pudding P: Same						
Tea Time	Coffee, Tea, Juice Poppy Seeds Loaf	Coffee, Tea, Juice Donut hole w/ Sugar & Cinnamon	Coffee, Tea, Juice Loaf	Coffee, Tea, Juice Vanilla Waffer/Digestive Cookies	Coffee, Tea, Juice Lemon Loaf	Coffee, Tea, Juice Applesauce Cookies	Coffee, Tea, Juice Cream Puffs						
SUPPER	Roast Beef with Gravy	Sweet and Sour Chicken	Pork Cutlet with Gravy	Pepper Steak with Gravy	Pork Gloulash with Vegetables	Lemon Pepper Cod with Dill Sauce	Chicken a la King						
	Mashed Potatoes	Buttered Rice	Mashed Potatoes	Rice	Mashed potatoes	Boiled Potatoes	Rice						
	Mixed Vegetables	Broccoli	Green Beans	Peas and Diced Carrots	Julienne Carrots	Wax and Green Beans	Broccoli						
	P: Roast Beef	P: S&S Chicken	P: pork cutlet	P: Chicken	P: pepper steak	P: Fish	P: Chicken						
	Cherry Tart P: Pureed Tart	Mix Fruit Crisp P: Pureed Crisp	Apple Sauce Cake P: Pureed Cake	Coconut Cream Pudding P: Same	Strawberry Mousse Pureed Same	Cheesecake P: Pureed Cheese Cake	Ginger Cake P: Pureed Cake						

1) Milk & juice offered at all meals and at snack times; 2) Oatmeal made with milk; 3) Rice available daily at supper; 4) Pureed diet: pureed soup has ½ svg of bread; 6) 4th fl breakfast bread all crustless.