

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
1		2		3		4		5		6		7	
BREAKFAST	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams	1/2 Banana, PB, Prunes, Asst Jams
	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal	Oatmeal or Cold Cereal
	Cheese Scone	Bran Muffin	Raisin Toast	Scrambled Egg	Cranberry Scone	Boiled Egg	Raisin Scone	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast
	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread
Juice, Milk, Coffee and Tea		Juice, Milk, Coffee and Tea		Juice, Milk, Coffee and Tea		Juice, Milk, Coffee and Tea		Juice, Milk, Coffee and Tea		Juice, Milk, Coffee and Tea		Juice, Milk, Coffee and Tea	
LUNCH	Minestrone	New England Clam Chowder	Beef Barley	Chicken Noodle	Red Lentil	Italian Vegetables	Tomato Rice						
	Waffles/Bacon	Tuna Salad Sandwich	Chicken Fingers with Honey Mustard Sauce (1 and 1/2 bags)	Potato & Cheese Perogies Sour Cream and Bacon (1 and 1/2 bags)	Turkey Salad Sandwich	Macaroni and cheese	Ham & Cheese Sandwich						
	Tossed Salad	Diced Tomato salad with dressing		Coeslaw	Pickled Beets	Spring Salad	Caesar Salad						
	M: Same / P: Chicken	M: Minced Tuna Sandwich / P: Turkey	M: Same / P:Pork	M: Same / P:Beef	M: Minced Sandwich P:Chicken	M: Same / P:Swiss Steak	M: Same / P: Sole Fish						
Diced Peaches		Chocolate Ice Cream		Fruit Jello		Diced Pears		Applesauce		Fruit Yogurt (strawberry)			
P: Peach Puree		P: Same Except thicken fluid		P: Plain Jello		P: Pear Puree		P: Same		P: Same			
Tea Time	Coffee, Tea, Juice Lemon Loaf	Coffee, Tea, Juice Donut hole w/ Sugar & Cinnamon	Coffee, Tea, Juice Loaf	Coffee, Tea, Juice Vanilla Waffer/Digestive Cookies	Coffee, Tea, Juice Boanana Loaf	Coffee, Tea, Juice Oatmeal Cookies	Coffee, Tea, Juice Cream Puffs						
SUPPER	Pot Roasted Beef with Gravy (8kg Round Roast)	Sweet and Sour Pork (5kg)	Corned Beef (8 kg)	Soya Sauce Chicken (1thights B/l,1 thighs B/N, 1 trims)	Swiss Steak with sauve (1/2 boxes)	Breaded Sole (1 1/2 case)	Pork Chop with Gravy (1 case)						
	Roasted Potatoes	Rice	Mashed Potatoes	Rice	Mashed Potatoes	Parslied Potatoes	Mashed Potatoes						
	Mixed Vegetables	Broccoli	peas	Squash	Cauliflower	Carrot coins	Peas						
	P: Roast Beef	P: Pork	P:Beef	P: Chicken	P:Swiss Steak	P: Sole Fish	P: Sausage						
Banana Cream Pie		Vanilla Pudding		Pumpkin Tart		Bread Pudding		Cherry Crisp					
P: Pureed Tart		P: Same		P:Same		P: Same		P: Same		P: Same			

Same

1) Milk & juice offered at all meals and at snack times; 2) Oatmeal made with milk; 3) Rice available daily at supper; 4) Pureed diet: pureed soup has ½ svg of bread; 6) 4th fl breakfast bread all crustless.