

SUNDAY 8 (Easter)		MONDAY 9		TUESDAY 10		WEDNESDAY 11		THURSDAY 12		FRIDAY 13		SATURDAY 14	
BREAKFAST	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal		
	Muffin		Scrambled Eggs and Bacon	Cranberry Scone	Poached Egg	Bran Muffin	Scrambled Eggs						
	Whole Wheat Toast 4F: crustless buttered bread Juice, Milk, Coffee and Tea	Whole Wheat Toast 4F: crustless buttered bread Juice, Milk, Coffee and Tea	Whole Wheat Toast 4F: crustless buttered bread Juice, Milk, Coffee and Tea	Whole Wheat Toast 4F: crustless buttered bread Juice, Milk, Coffee and Tea	Whole Wheat Toast 4F: crustless buttered bread Juice, Milk, Coffee and Tea	Whole Wheat Toast 4F: crustless buttered bread Juice, Milk, Coffee and Tea	Whole Wheat Toast 4F: crustless buttered bread Juice, Milk, Coffee and Tea						
LUNCH	Navy Beans Soup	Chicken Noodle Soup	Cream of Mushroom	Chicken Noodle	Mulligatawny Soup	Chicken Vegetable Soup	Seafood Chowder						
	French Toast with Sausage Syup & Butter	Hamburger with Lettuce and Tomato	Chicken Fried Rice (6 cups cooked rice 1 bag shrimps)	Egg Salad Sandwich	Chicken Pot Pies with Gravy	Broccoli & Onion Quiche	Tuna Noodle						
	Tossed Salad M: Same / P: Sausage	Sliced Tomato M: Minced Sandwich P: Beef	(with Carrot and Peas) M: Minced Turkey Sandwich P:Chicken	Apple & Zucchini Slaw M: Same /P: Pork	Caesar Salad M: Same/ P:Beef	Tossed Salad M: Same / P: Salisbury Steak	M: Same with minced sausage / P: Fish						
	Tropical Fruit Cocktail P: Puree Cocktail	Fruit Jello Same P:	Chocolate Ice Cream P: Same	Diced Peaches Same P:	Jello Cubes P:Same	Assorted Canned Fruit P: Same	Strawberry Mousse P: Same						
Tea Time	Coffee, Tea, Juice Pumpkin Loaf	Coffee, Tea, Juice Donut hole w/ Sugar & Cinnamon	Coffee, Tea, Juice Loaf	Coffee, Tea, Juice Vanilla Waffer/Digestive Cookies	Coffee, Tea, Juice Poppy Seeds Loaf	Coffee, Tea, Juice Peanut Butter Cookies	Coffee, Tea, Juice Oatmeal Cookies						
SUPPER	Chicken a la King thigh B/I, 1 trim) (2	pork cutlets Supreme with Mushroom Gravy (1 1/2 cases)	Beef Stew (5kg of Diced Beef)	Teriyaki Chicken (1 thigh B/I, 1 thigh B/N, 1 trims)	Salisbury Steak with Gravy (5kg of ground beef)	Seafood Newburg (1 bag of shrimps / 2 bags crabs)	Spaghetti with Meatballs (2.5kg of ground beef)						
	Rice Peas P: Ham	Boiled Potatoes Broccoli Florets P: Pork	Noodles Mixed Vegetables P: Beef	Rice Peas P: Chicken	Mashed Potatoes Julienne Carrots P: Salisbury Steak	Rice Mixed Vegetables P: Fish	Garlic Bread Broccoli Florets P: Meatballs						
	Marble Cake P: Pureed Cake	Pineapple Bavarian Same P:	Rhibarb Strawberry with custard sauce P: Same	Princess Cake Same P:	Blueberry Crisp P: Same	Cheesecake P: Pureed Cheese Cake	Aple Dutch Cake P: Pureed Cake						

Menu subject to change without notice

1) Milk & juice offered at all meals and at snack times; 2) Oatmeal made with milk; 3) Rice available daily at supper; 4) Pureed diet: pureed soup has ½ svg of bread; 6) 4th fl breakfast bread all crustless.