

SUNDAY 22		MONDAY 23		TUESDAY 24		WEDNESDAY 25		THURSDAY 26		FRIDAY 27		SATURDAY 28		
BREAKFAST	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal	1/2 Banana, PB, Prunes, Asst Jams Oatmeal or Cold Cereal			
	Poached Egg	Scrambled Egg	Peach Bran Muffin	Cheese Scone	Boiled Egg	Raisin Toast	Scrambled Egg	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast	Whole Wheat Toast			
	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread	4F: crustless buttered bread			
	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea	Juice, Milk, Coffee and Tea			
LUNCH	Scotch Broth	Wonton Soup	Chicken Noodle Soup	Tomato Rice	Corn Chowder	Cream of Cauliflower	Beef Vegetables Soup	Potato Pancakes and Sausage Patty	Chicken Vegetable Chow Mein (3 boxes trim)	Fish and chips with tartar sauce (1 case fish, 1 1/2 bags chips)	Beef Pot Pies with Gravy (1 1/2 boxes)	Pork Fried Rice (6 cups cooked rice)	Vegetable Frittata with Bread	Roasted Chicken Sandwich
	M: Minced Chicken Sandwich / P: Pork Ribs	M: Same / P: Roast Turkey	M: Same / P: Pepper Steak	M: Same / P: Pork	M: Same / P: Chicken	M: Same / P: Beef	M: Minced Chicken Sandwich / P: Beef	Fruit Medley P: Same	Fruit Jello P: Plain Jello	Assorted Canned Fruit P: Mango Pureed	lemon mousse P: Same	Diced Peaches P: Peach Puree	Jello Jewels P: Plain Jello except thicken fluids	Diced Pears P: Peach Puree
Tea Time	Coffee, Tea, Juice Banana Loaf	Coffee, Tea, Juice Donut hole w/ Sugar & Cinnamon	Coffee, Tea, Juice Loaf	Coffee, Tea, Juice Vanilla Waffer/Digestive Cookies	Coffee, Tea, Juice Pumpkin Loaf	Coffee, Tea, Juice Gingersanp Cookies	Coffee, Tea, Juice Oatmeal Cookies							
SUPPER	Roast Turkey with Gravy (2 Roast)	Pepper Steak with Gravy (10lb - 2 bags of ground beef)	Braised Pork Cutlet with Mushroom Gravy (1 1/2 cs of cutlet)	Chicken Cacciatore (1 thigh b/l, 1 thigh b/n, 1 trims)	Beef and Broccoli (1 box strips, 2 pkg broccoli)	Crispy Perch with Lemon Dill Sauce	O'Brien Sausages (1 case)	Roasted Potatoes Carrots P: Roast Turkey	Mashed Potatoes Peas P: Pepper Steak	Boiled Potatoes Broccoli & Cauliflower P: Pork	Mashed Potatoes Squash P: Chicken	Rice Turnips P: Beef	Roasted Potato Peas P: Fish	Mashed Potatoes Carrots P: O'brien Sausage
	Sponge Cake with Strawberry Sauce P: Pureed Cake	Carrot Cake with Cream Cheese Icing P: Pureed Cake	Cherry Crisp P: Pureed Crisp	Ice cream Same thicken fluid	Apple Crumble P: Pureed:Crumble	Ambrosia P: Fruit Puree	Creme Caramel P: Same							

Menu subject to change without notice

1) Milk & juice offered at all meals and at snack times; 2) Oatmeal made with milk; 3) Rice available daily at supper; 4) Pureed diet: pureed soup has ½ svg of bread; 6) 4th fl breakfast bread all crustless.